

March 16, 2020

Dear Residents,

I want to update all of you on the latest information regarding Falcons Landing's response to the COVID-19 pandemic, recently declared a national emergency by the United States Federal Government. Please know that maintaining the health, wellness and safety of each of you is our top priority.

Visitor Restrictions:

Effective immediately, we are restricting all visitors to Falcons Landing or to West Falls Center. Please notify your family members and any regular guest that they will not be admitted.

For Independent Living, the following exceptions may be allowed and must be approved in advance. You may contact Donna Cassani at 703-404-5120 or dcassani@falconslanding.org with your request. She will consult with Dr Ann or me for approval.

- Home Health Provider or a family member who provides essential home health services or support to an Independent Living Resident in their home.

Delivery of Essential GroceriesSupplies by a Friend or Family Member

If you have friends or family members who will deliver essential supplies to you, they may be left at the front gate between 9 am – 5 pm on seven days a week. The container must be clearly labeled with the resident's name, unit number and whether the delivery contains any perishables. Staff will deliver the items to the resident as soon as is feasible.

The Johnson Center/West Falls Center

We are continuing our restriction of ALL visitors to The Johnson Center and West Falls Center as required by the Centers for Medicare and Medicaid Services (CMS). NO visitors will permitted in any area of The Johnson Center or West Falls Center campus and this includes spouse and friend from Independent Living. There may be exceptions granted due to specific situations, such as end-of-life. Please

contact John Loop if you wish to ask for an exception at 703-404-5201 or jloop@falconslanding.org.

Prevention

Residents are strongly encouraged to stay home as much as possible to further reduce your risk of being exposed to COVID-19. Avoid any trips to shopping centers, restaurants, entertainment venues, churches and routine medical appointments. If you must leave the campus, adhere to the CDC “social distancing” guidance: avoid group gatherings and maintain a distance of at least six feet between you and other individuals.

Continue to wash your hands often with soap and water for at least 20 seconds. Avoid touching your eyes, nose and mouth with unwashed hands.

What To Do If You Feel Ill

If you should develop symptoms of a respiratory illness and/or a fever, telephone the Wellness Center for guidance (703-404-5224) or contact your personal physician. Do not go to the Wellness Center or your doctor’s office without calling first. For assistance after hours, please contact the Front Desk (703-404-5100). For an emergency, you may call 911 directly or press your SARA pendant and the Front Desk will assist you.

Employees

We continue to screen all employees each and every time they enter the employee gate (weekdays) and the Front Gate (weekends). Staff are asked health and travel questions and their temperature is checked. They are told not to come to work if they feel ill or have had contact with someone who is ill and to contact their supervisor.

Contractors

We continue to allow contractors to work on our campus. They are screened every time they enter and also told to contact their supervisor and not come to work if they have symptoms or have had contact with someone who is ill. They have been instructed to avoid resident areas and to maintain social distancing and follow the other precautions. Please do not engage them or ask them questions.

USPS, FEDEX, UPS

We will continue to allow deliveries. Delivery drivers will be screened prior to entering our campus. Please maintain social distance from the drivers and mail carriers.

Deliveries to Falcons Landing of Supplies

Deliveries will be received at the loading dock and the delivery personnel will not enter our building. Delivery personnel are screened prior to driving to the loading dock.

There are no Dining Services Updates at this time

We do not have any positive or presumptive cases at Falcons Landing among residents or staff. By everyone maintaining precautions and following the guidelines, we are doing what we can to protect all members of our Falcons Family. Should we have any cases in the future, these measures will continue to be critical in preventing and containing spread of the virus. Let's all take care of one another by doing our part.

We continue to closely monitor the spread of the COVID-19 virus and we will adjust our plans and services based on the most current information and recommendations. I will send further updates when there are changes. Thank you all for your cooperation and patience as we endure this unprecedented public health emergency.

Sincerely,

Barb